



**MIXOLOGY**

**FOR YOU:**  
**Refreshing Cocktails to Beat the Heat**

**FOR ROVER:**  
**Pawsitively Perfectly Paired Treats**

Written by Bill Burke



# THE Dog Days OF SUMMER

**WARMER TEMPS AND HIGHER HUMIDITY** are a sultry reminder that we're in the depths of summer. One of the best things about these longer, late season days, however, is that they provide us with the opportunity to cool down with a refreshing cocktail. A favorite spirit with some juice in a highball glass filled with ice is the perfect antidote to a stifling afternoon.

And since these are, literally, the dog days, let's not forget about man's best friend. Who better to join you than a four-footed, furry friend? Of course, alcohol is not for pets, so we've paired a typically perfect human refreshment with a safe, homemade, pooch-friendly treat for Fido. So when you're sipping your favorite summertime cocktail, spare a thought for your favorite canine.

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A well-loved mutt, like a complicated cocktail, is quite often made up of a variety of elements — all of which add up to creating something great.



## **PAIRED FOR YOUR PUP:** Frozen Peanut Butter Yogurt Dog Treats

*courtesy cesarsway.com*

32 ounces vanilla yogurt

1 cup peanut butter

Melt the peanut butter in a microwave-safe bowl. Combine the yogurt and melted peanut butter and pour the mixture into cupcake papers. Place in the freezer.

## **FOR YOU:** The Salty Dog

*courtesy allrecipes.com*

1½ ounces vodka

5 ounces grapefruit juice

¼ teaspoon salt

Fill a highball glass with ice and then pour in the grapefruit juice, salt and vodka. Mix well and serve.





**FOR YOU:**  
**The Bulldog**

*courtesy drinksmixer.com*

- 1½ ounces cherry brandy
- ¾ ounces gin
- ½ ounce lime juice

Fill a cocktail shaker with ice and combine all ingredients. Shake well, strain into a cocktail glass and serve.



**PAIRED FOR YOUR PUP:**  
**Frozen Peanut Butter Homemade Dog Biscuits**

*courtesy kitchenconfidante.com*

- 1 cup whole wheat flour
- 1 cup oats
- ½ cup flaxseed
- ½ to 1 cup beef broth
- ¼ cup peanut butter

Preheat oven to 350 degrees. In a medium bowl, stir together the flour, oats and flaxseed. Mix in ½ cup beef broth and peanut butter. Mix well, adding beef broth if necessary to bring the mixture together to a thick dough. Form into a ball and turn out on a lightly floured surface. Roll to about ¼-inch thickness and cut out to desired shape. Bake for about 20 minutes or until golden brown, flipping halfway. Cool completely, then keep in an airtight container for about one week.

**FOR YOU:**  
**Blackberry Black Dog**

*courtesy ramshacklepantry.com*

- 2 ounces vodka
- 3 ounces grapefruit juice
- 1 ounce simple syrup
- 6 blackberries
- ¼ cup sugar for rimming glass
- Ice

Moisten a highball glass rim and dip in sugar to give a sugar rim. Fill the glass with ice and add four blackberries, simple syrup, grapefruit juice and vodka to shaker and muddle. Add some ice to the shaker, cover and shake for 20 seconds. Strain into the highball glass, add two blackberries as garnish and serve.



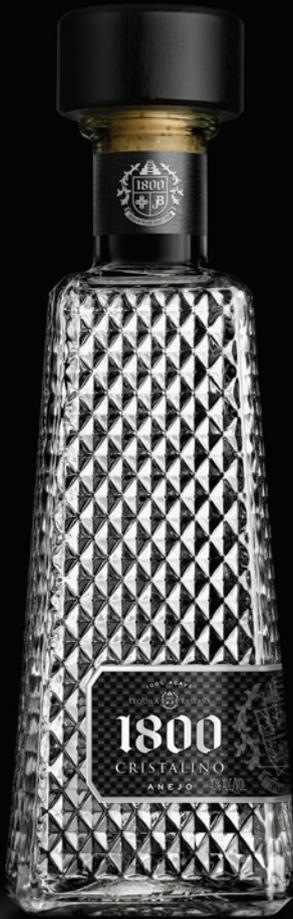
**PAIRED FOR YOUR PUP:**  
**Pumpkin Carrot Bites**

*courtesy mypawsitivelypets.com*

- ¾ cup canned pumpkin (get the kind that has only pumpkin in it)
- 1 egg, slightly beaten
- ¼ cup shredded carrots
- 1 cup whole wheat flour

Preheat oven to 350 degrees. Stir pumpkin, egg, carrots and flour in a large bowl until moistened. Roll the batter into small balls and place on a baking sheet. Bake for 30-35 minutes. This recipe yields approximately four dozen Pumpkin Carrot Bites. Store these in the refrigerator for longer life.

**A note on feeding your dog homemade treats:** cesarsway.com, a site affiliated with the well-known dog trainer/TV personality Cesar Millan, says that when you're preparing homemade dog treats, make sure you take into account any allergies your pet may have. When experimenting with new flavors, feed the treat to your dog in small amounts to see how it reacts. Also, store your treats in an airtight container and place them in the freezer, allowing them to thaw for 10-20 minutes before serving to your dog. Treats can last for up to six months in the freezer.



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### MIXOLOGY: DOG DAYS OF SUMMER COCKTAILS

#### Breed-Specific Mixers: Quick, Easy, Refreshing

##### The Greyhound

- 1½ ounces vodka
- ½ ounce Campari bitters
- 5 ounces grapefruit juice

Mix vodka and grapefruit juice, pour in glass, top with bitters.



##### The Chihuahua

- 6 ounces grapefruit juice
- 3 ounces tequila

Shake grapefruit juice and tequila for 15 seconds and strain into a glass with ice and a salted rim.



##### The Yellow Lab

- 1½ ounces gin
- 4 ounces apple juice

Mix, stir and serve over ice.



Please drink responsibly.

*Be the life of the party*

**BE A  
DESIGNATED  
DRIVER!**

DON'T DRINK AND DRIVE AND DON'T LET  
FRIENDS DRINK AND DRIVE.

ASK YOUR BARTENDER ABOUT MOCKTAILS.



**802**  
Spirits



CANIS MAJOR  
THE GREAT DOG

The term “dog days of summer” is taken from the Canis Major (Great Dog) constellation, and one of its dogs, Sirius, which is the brightest star in the sky during this time of year. The sun enters the constellation of Canis Major in the first part of August, hence the expression.



### The Bloodhound

- 1 ounce gin
- ½ ounce sweet vermouth
- ½ ounce dry vermouth

Mix all ingredients in a shaker with ice. Strain into a chilled glass and top with a strawberry.

*Always drink in moderation.*

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